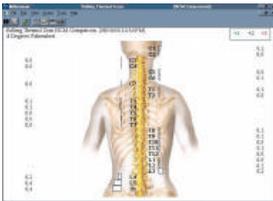


# How To Read Your Scans

Your brain and nervous system control and coordinate ALL functions and organs in your body. Interference to your nervous system from Subluxations has an effect on your body's ability to function normally. Doctors of Chiropractic are the only professionals trained at the detection and correction of vertebral subluxations. Subluxations can be detected and monitored in several ways. One of the most advanced ways of monitoring subluxations is by using a "Subluxation Station" designed to scan the body for the effects of subluxations. Two of the most common scans are those done to measure heat along the spine, (Thermal Scan), and those used to measure surface electricity from muscle tone, (Surface EMG). On the print-out of each scan there is a color code that illustrates the variations in readings. This color code helps differentiate between mild, moderate and severe. Read below to compare normal scans with those effected by subluxations

## Normal Scans

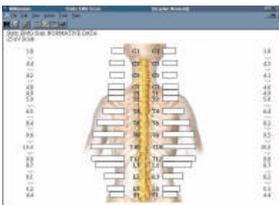
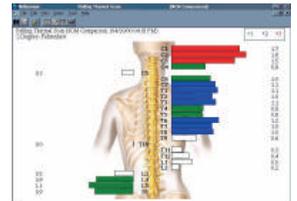


## Scan Explanations

### Thermal Scan

The Thermal Scan measures heat along the spine. When subluxations are present there can be a change in heat from one level to the next as well as a change from one side to the other. Subluxations will cause changes in heat by causing changes in blood supply along the spine. As care progresses our goal is to return this reading to normal.

## Scans with Subluxations



### Surface EMG Scan

This scan lets you see the actual levels of surface electricity and the variations from one level to the next. Subluxations cause changes in muscle tone that are show up on this scan as changes in surface electricity. The color code shows the amount of variation from normal for each level and therefore the effect of subluxations on the muscular system.



### Surface EMG Symmetry Scan

In addition to the amount surface electricity shown by the reading above, the symmetry of one-side compared to the other is also important. A variation from one side to the other is a clear indication that subluxations are having an effect on your muscular system. Normal levels and symmetry are the goals for this reading.



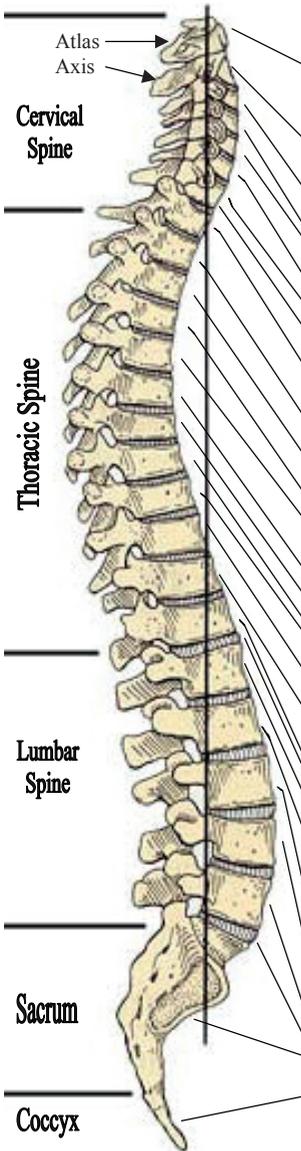
**Nothing** is more important to your health and well being then a properly functioning nervous system. **Chiropractic** care is focused on correcting subluxations that interfere with your nervous system and your **innate potential** to be healthy. Performing these scans **regularly** throughout your care is the best way to ensure that we are correcting your subluxations and returning proper function to your nervous system. **Your health depends on it!**

**You can make a difference in someone's life when you tell them about chiropractic!**

**Call us today for your complimentary scan (60€ value)  
with your first visit at Chiropractie Den Haag 070-3020888  
or Chiropractie Oosterheem 079-3602188.**

# CHART OF EFFECTS OF SPINAL MISALIGNMENTS

"The nervous system controls and coordinates all organs and structures of the human body." (Gray's Anatomy, 29<sup>th</sup> Ed., page 4). Misalignments of spinal vertebrae and discs may cause irritation to the nervous system and affect the structures, organs, and functions that may result in the conditions shown below.



Vertebrae	Areas	Effects
1C	Blood supply to the head, pituitary gland, scalp bones of the face, brain, inner & middle ear, sympathetic nervous system	Headaches, nervousness, insomnia, head colds, high blood pressure, migraine headaches, nervous breakdowns, amnesia, chronic tiredness, dizziness
2C	Eyes, optic nerves, auditory nerves, sinuses, mastoid bones, tongue, forehead	Sinus trouble, allergies, crossed eyes, deafness, eye troubles, earache, fainting spells, certain cases of blindness
3C	Cheeks, outer ear, face bones, teeth, trifacial nerve	Neuralgia, neuritis, acne or pimples, eczema
4C	Nose, lips, mouth, eustachian tube	Hay fever, catarrh, hearing loss, adenoids
5C	Vocal cords, neck glands, pharynx	Laryngitis, hoarseness, throat conditions
6C	Neck muscles, shoulders, tonsils	Stiff neck, pain in upper arms, tonsillitis, whooping cough, croup
7C	Thyroid gland, bursae in shoulder, elbows	Bursitis, colds, thyroid conditions
1T	Arms: elbow down; hands, wrist, fingers; esophagus and trachea	Asthma, cough difficult breathing, shortness of breath, pain in lower arms and hands
2T	Heart: valves and coverings, coronary arteries	Functional heart conditions and certain chest conditions
3T	Lungs, bronchial tubes, pleura, chest, breast	Bronchitis, pleurisy, pneumonia, congestion, influenza
4T	Gall bladder, common duct	Gall bladder conditions, jaundice, shingles
5T	Liver, solar plexus, blood	Liver conditions, fevers, low blood pressure, anemia, poor circulation, arthritis
6T	Stomach	Stomach troubles: nervous stomach, indigestion, heartburn, dyspepsia
7T	Pancreas, duodenum	Ulcers, gastritis
8T	Spleen	Lowered resistance
9T	Adrenal and supra-renal glands	Allergies, hives
10T	Kidneys	Kidney troubles, hardening of the arteries, chronic tiredness, nephritis pyelitis
11T	Kidneys, ureters	Skin conditions: acne, pimples, eczema, or boils
12T	Small intestines, lymph circulation	Rheumatism, gas pains, certain types of sterility
1L	Large intestines, inguinal ring	Constipation, colitis, dysentery, diarrhea, some ruptures or hernias
2L	Appendix, abdomen, upper leg	Cramps, difficult breathing, acidosis, varicose veins
3L	Sex organs, uterus, bladder, knees	Bladder troubles, menstrual troubles: painful or irregular periods, miscarriages, bed wetting, impotency, change in life symptoms, many knee pains
4L	Prostate gland, muscles of lower back, sciatic nerve	Sciatica, lumbago, difficult/painful or too frequent urination, backaches
5L	Lower legs, ankles, feet	Poor circulation in the legs, swollen ankles, weak ankles and arches, cold feet, weakness in the legs, leg cramps
SACRUM	Hip bones, buttocks	Sacro-iliac conditions, spinal curvatures
COCCYX	Rectum, anus	Hemorrhoids (piles), pruritis (itching), pain at end of spine on sitting

For further explanation of the conditions shown above and information about those not shown ask your Doctor of Chiropractic.